

CAYCE REMEDIES

ANCIENT WISDOM FOR MODERN TIMES
CASTOR OIL

Anger causes poisons to be secreted from the glands. Joy has the opposite effect. ECR 281-54

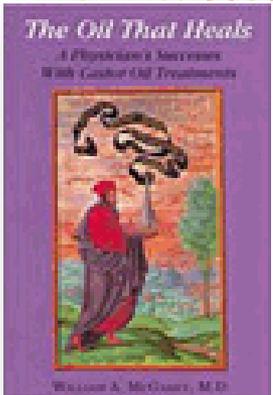


No one can hate his neighbor and not have stomach or liver trouble. No one can be jealous and allow the anger of same and not have upset digestion or heart disorder. ECR 4022-1

The thoughts of the body act upon the emotions as well as the assimilating forces. Poisons are accumulated or produced by anger or by resentment or animosity. ECR 23-3

Hate, malice, and jealousy only create poisons within the minds, souls, and bodies of people. ECR 3312-1

CASTOR OIL PACK



Ricinus Communis – Palma Christi

Book: The Oil That Heals by William McGarey MD

“The castor oil may create a vibration within the body that is more easily attuned to Creative Forces and this brings a healing activity” pg 65

Two Polarities

1. Oil heals/Castor Bean kills
2. Heals both constipation and diarrhea

Use anywhere – eyes/ears/colon/liver/joints/muscles

CASTOR OIL PURPOSE



Lymph – surrounds all cells

Immune System

Infection

Adhesions/Lesions

Abdominal Organs

ADD/ADHD

Migraines

Any Word ending in “ITIS”



INSTRUCTIONS FOR USE

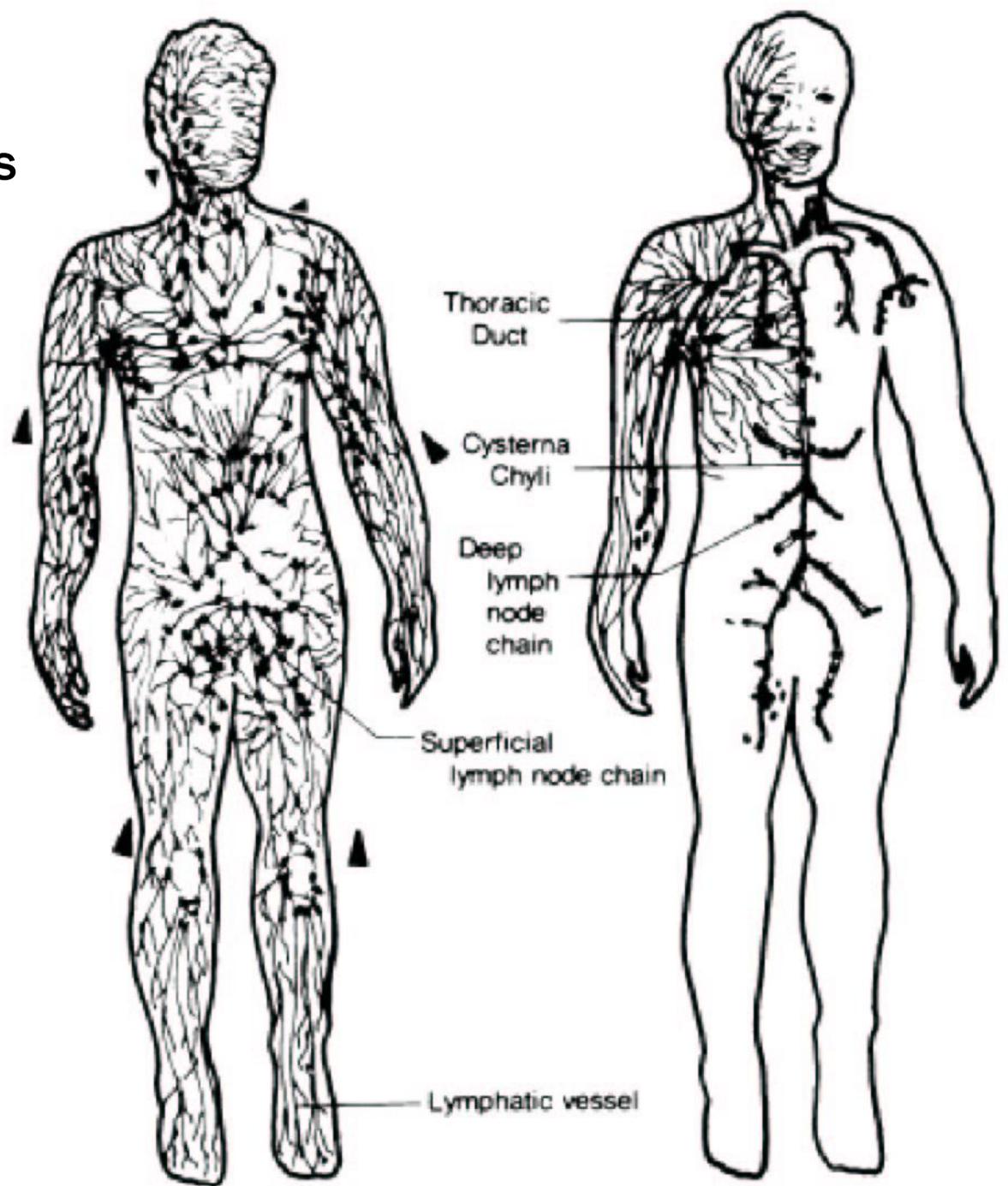
Prepare first a soft flannel cloth which is two or three thicknesses when folded and which measures about eight inches in width and ten to twelve inches in length after it is folded. This is the size needed for abdominal application - other areas may need a different size pack, as would seem to be applicable. Pour some castor oil into a pan and soak the cloth in the oil. Then wring it out so that the cloth is wet but not drippy with the castor oil. Then apply the cloth to the area which needs treatment.

Protection should be made against soiling the bed clothing by putting a plastic sheet underneath the body. Then a plastic covering should be applied over the soaked flannel cloth. On top of that, place a heating pad and turn it up to "medium" to begin with - then to "high" if the body tolerates it. Then perhaps it will help if you wrap a towel around the entire area. The pack should remain in place between one and one and a half hours. You will be instructed regarding the frequency of use.

The skin can be cleansed afterwards if desired by using water which is prepared as follows: to a quart of water, add two teaspoons baking soda. Use this to cleanse the abdomen. It need not be discarded after one application.



Lymphatic circulations





One role of the lymph circulation is as the garbage system of the body. The serum which flows from capillaries to bathe the cells travels a on-way street, its return prevented by a pressure gradient. As this fluid passes by them, the cells are in constant interaction with it. Nutrients are absorbed and used, and waste products are expelled. Toxins, dead cells, and the by-products of cell functioning must be carried away by the lymph so that the living cells do not lose their efficiency or perish sitting in their own waste.

Eric Mein, MD

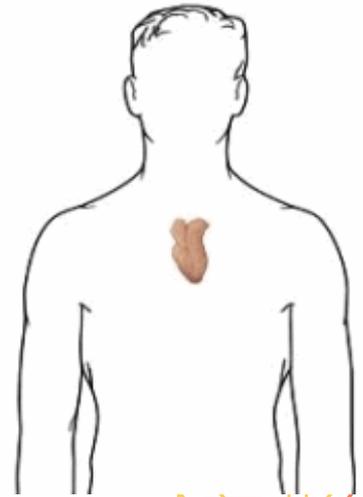
IMMUNE SYSTEM

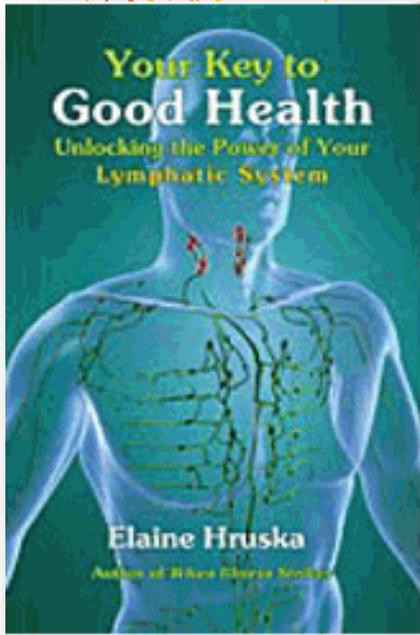
Increase T-cell/Lymphocytes/ Stimulates Thymus Gland

“I have found that Castor Oil, placed over any part of the human being – or animal for that matter – will stimulate the lymphatics to work more normally and will bring about a degree of healing through the stimulation of the immune system” pg 165



Thymus gland





YOUR KEY TO GOOD HEALTH

- Of all the Edgar Cayce health readings, nearly one-third focused on the lymphatic system. This important yet often misunderstood part of the body provides our cells with vital protection against harmful bacteria—a necessity for keeping our bodies healthy and strong. Author Elaine Hruska uses her 30 years of experience with the Cayce health readings to show you how the lymph functions, what conditions threaten the health of this system, and what you can do to maintain good health throughout your lymph and your entire body. Let Elaine show you how to pump up your lymph!

ADHESIONS/LESIONS

Adhesion: Abnormal joining together of parts

Lesion: injury/wound – morbid change in tissue

Doesn't heal smoothly – clumps together – affects tissue flexibility/constricts colon – Castor oil melts adhesions – takes awhile.

Adhesions and lesions are post-op “accidents in the healing of the body” ECR 5266-1

Castor Oil “ will break up lesions as no other administration will” ECR 2153-4

ABDOMINAL ORGANS

Colon

- Rebalances lymph: Diarrhea (overabundance of lymph) (constipation – dryness of lymph)

Liver

- Enhances liver function – makes 33% of lymph
- Cleanses toxic bile – liver filters blood
- COP front & back-sandwich liver between

Ovaries/Uterus

- Dissolves ovarian cysts – melts fibroids – takes awhile

Prostate

- Enlarges with toxicity – COP/Cleanse/Breech Beating

Small Intestine

Keeps villi/lacteals/peyers patches (lymphatic nodules in ileum – part of immune system)

BREECH BEATING

51. **BREECH BEATING** (STANDING).—The operator puts his left hand on the patient's abdomen for support, the patient standing with his hands on a table or bed, and with his right, moderately clenched fist he applies the **beating** over the sacral bone



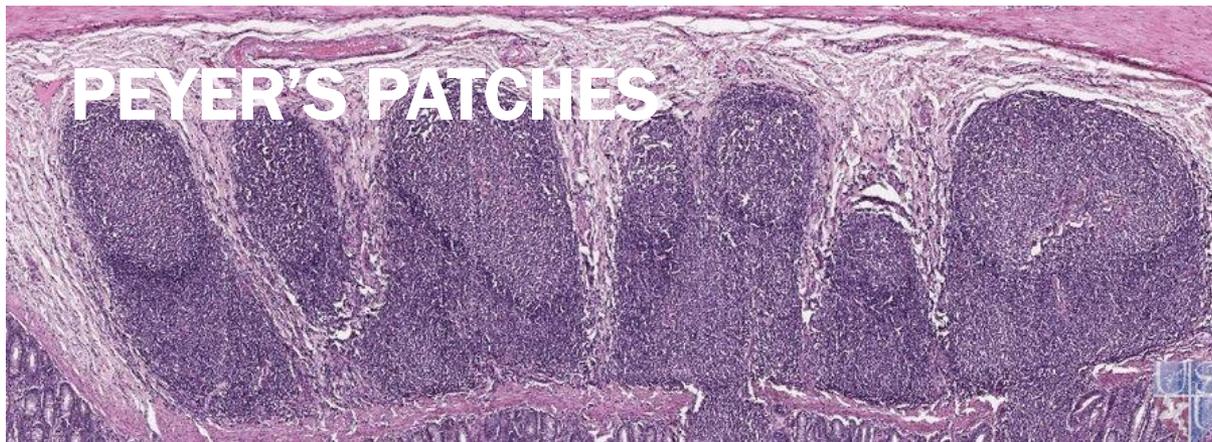
Fig. 24.—**Breech Beating.**

from hip to hip and down, all over the buttocks to the thighs. The **beating** should be done with a light wrist-movement, but firm, deep, and slowly. (Fig. 24.)

Then put the right hand on the small of the back and apply a quick vibration by making your arm very tense.

If the patient is in bed a pillow should be put under the abdomen, and SPINAL VIBRATION, with the right hand placed against the end of the spine may be applied by shaking the hand very rapidly.

This acts on the sacral nerves and on the pelvic organs, and draws the blood to the surface muscles; it is useful in weakness and congestions of the bladder and sexual organs, and also in constipation and hemorrhoids, etc.



Peyer's patches are observable as elongated thickenings of the intestinal epithelium measuring a few centimeters in length. About 30 are found in humans. Microscopically, Peyer's patches appear as oval or round lymphoid follicles (similar to lymph nodes) located in the lamina propria layer of the mucosa and extending into the sub mucosa of the ileum. The mucosal surface is exposed to invasive microorganisms released from the blood, so Immunoglobulin A (IgA) is the first line of defense.

In adults, B lymphocytes are seen to predominate in the follicles' germinal centers. T lymphocytes are found in the zones between follicles.

LONGEVITY AND PEYER'S PATCHES

by William A. McGarey, M.D.

Thymosin is a hormone produced by the thymus gland and has been directly related to the aging process by University of Texas medical researchers. Allan Goldstein, director of the biochemistry division of the University of Texas Medical Branch at Galveston reported on his work recently at the annual meeting of the American Societies for Experimental Biology (Arizona Republic, 4/17/73).

Apparently thymosin levels in the blood decrease dramatically with age - "significantly between the ages of 25 to 45 in normal individuals," Goldstein said. Thymosin is also directly related to immunity, and injecting this hormone into mice increases their immunity and resistance to disease. (The thymus is the master gland of the immune system - the reticulo endothelial or the lymphatic system - and it has been known now for more than ten years that cells from the thymus migrate to other portions of the body and become centers of lymphatic activity. It has not been shown, as far as I know, whether these centers of lymphatic activity - such as Peyer's patches - also produce the same hormones that come from the thymus.) Goldstein reported that patients with Hodgkin's disease and chronic leukemia have low blood levels of thymosin, and that "failure of the thymus gland to function properly is a major factor in a number of debilitating and often fatal diseases of children and adults."

The interesting correlation with the Cayce material is that Cayce attributed much importance to the Peyer's patches - a series of aggregated lymph nodules in the lining of the small intestine. Gray's Anatomy says of these so-called Peyer's patches that they "form circular or oval patches, from twenty to thirty in number, and varying in length from 2 to 10 cm. They are largest and most numerous in the ileum. In the lower part of the jejunum, they are small, circular, and few in number. They are occasionally seen in the duodenum. They are placed lengthwise in the intestine, and are situated in the portion of the tube most distant from the attachment of the mesentery. Each patch is formed of a group of solitary lymphatic nodules covered with mucous membrane, but the patches do not, as a rule, possess villi on their free surfaces. They are best marked in the young subject, become indistinct in middle age, and sometimes disappear altogether in advanced life. They are freely supplied with blood vessels, which form an abundant plexus around each follicle and give off fine branches permeating the lymphoid tissue in the interior of the follicle. The lymphatic plexuses are especially abundant around these patches."

The readings suggest that these patches tend to become fewer in number as the body grows weaker, and that the regular use of castor oil packs over the abdomen tends to rejuvenate these glands and thus be a major factor in the rejuvenation of the entire body. They also suggest that the packs were primary therapeutic tools to use for Hodgkin's disease. a disease of the lymphatic system, according to the readings, where the system has in a sense lost its integrity of function.

Thus the Cayce material concerning Peyer's patches is strangely consistent with Gray's traditional information and Goldstein's modern research report.

When there is over-exercise physically, or especially the mental forces as of worry or anxiety, to be sure it calls on the necessity of these emunctory activities - or those patches that are called by a man's name. These are then lessened in their number and thus make a quickening, or an anxiety, causing the flow of blood in the heart, as an organ, to dilate. (294-212)

Now, in the physical forces of the body (as seen and understood, in the nervous systems of the body), there are those glands that secrete fluids which in the circulation sustain and maintain the reaction fluid in the nerve channels themselves. (271-5)

Merging all these bits of information together, one might say that lack of tensions, or not being able to handle them properly, might be directly related to the number of Peyer's patches present in one's body, which in turn could well have a strong influence on how one lives. Castor oil packs, one might postulate, could well have an influence on the length of one's life.

[Note: The preceding report was provided by William McGarey, M. D. and is excerpted from *The A.R.E. Journal*, November, 1973, Volume 8, No. 6, page 265, Copyright © 1973 by the Edgar Cayce Foundation, Virginia Beach, VA.]

MIGRAINES

Arose from a condition in the alimentary canal ‘especially as part of the circulation to the colon. From the pressure there arises the periodic headaches” ECR 5052-1

RX- COP – several days especially over ascending colon/cecum (2 T Olive Oil each day)

After each COP, 15-20 minutes of spinal massage w/cocoa butter



Wed May 20, 12:00 AM ET

(Q) [69]: Is it right to try to heal others when one has failed to accomplish healing in one's own life?

(A) Healing others is healing self. For, to give out that which aids others in reaching that which creates the perfect vibration of life in their physical selves, through the mental attitudes and aptitudes of the body, brings to self better understanding.

ECR 281-18